

The Behavioral, Emotional, and Social Skills Inventory, version 1.0 (BESSI v1.0)
Scoring Information

Scoring the BESSI Skill Facets

Each of the 32 facet scales should be scored by averaging its six BESSI items.

Time Management = 3, 35, 67, 99, 131, 163
Organizational Skill = 6, 38, 70, 102, 134, 166
Capacity for Consistency = 9, 41, 73, 105, 137, 169
Task Management = 12, 44, 76, 108, 140, 172
Detail Management = 15, 47, 79, 111, 143, 175
Rule-Following Skill = 18, 50, 82, 114, 146, 178
Responsibility Management = 21, 53, 85, 117, 149, 181
Goal Regulation = 24, 56, 88, 120, 152, 184
Decision-Making Skill = 27, 59, 91, 123, 155, 187
Leadership Skill = 1, 33, 65, 97, 129, 161
Persuasive Skill = 13, 45, 77, 109, 141, 173
Expressive Skill = 17, 49, 81, 113, 145, 177
Conversational Skill = 25, 57, 89, 121, 153, 185
Energy Regulation = 7, 39, 71, 103, 135, 167
Perspective-Taking Skill = 2, 34, 66, 98, 130, 162
Capacity for Trust = 8, 40, 72, 104, 136, 168
Capacity for Social Warmth = 14, 46, 78, 110, 142, 174
Teamwork Skill = 23, 55, 87, 119, 151, 183
Ethical Competence = 29, 61, 93, 125, 157, 189
Stress Regulation = 5, 37, 69, 101, 133, 165
Capacity for Optimism = 11, 43, 75, 107, 139, 171
Anger Management = 20, 52, 84, 116, 148, 180
Confidence Regulation = 26, 58, 90, 122, 154, 186
Impulse Regulation = 30, 62, 94, 126, 158, 190
Abstract Thinking Skill = 4, 36, 68, 100, 132, 164
Creative Skill = 16, 48, 80, 112, 144, 176
Artistic Skill = 28, 60, 92, 124, 156, 188
Cultural Competence = 32, 64, 96, 128, 160, 192
Information Processing Skill = 22, 54, 86, 118, 150, 182
Self-Reflection Skill = 10, 42, 74, 106, 138, 170
Adaptability = 19, 51, 83, 115, 147, 179
Capacity for Independence = 31, 63, 95, 127, 159, 191

Scoring the BESSI Skill Domains

Each of the five domains should be scored by averaging its component facets. As noted below, interstitial facets should be given half weight on each of their two assigned domains.

Self-Management Skills = Time Management, Organizational Skill, Capacity for Consistency, Task Management, Detail Management, Rule-Following Skill, Responsibility Management, Goal Regulation, Decision-Making Skill, Energy Regulation (half weight), Ethical Competence (half weight), Impulse Regulation (half weight), Information Processing Skill (half weight)

Social Engagement Skills = Leadership Skill, Persuasive Skill, Expressive Skill, Conversational Skill, Energy Regulation (half weight)

Cooperation Skills = Perspective-Taking Skill, Capacity for Trust, Capacity for Social Warmth, Teamwork Skill, Ethical Competence (half weight)

Emotional Resilience Skills = Stress Regulation, Capacity for Optimism, Anger Management, Confidence Regulation, Impulse Regulation (half weight)

Innovation Skills = Abstract Thinking Skill, Creative Skill, Artistic Skill, Cultural Competence, Information Processing Skill (half weight)