

The Behavioral, Emotional, and Social Skills Inventory, 96-item Short Form (BESSI-96) Scoring Information

Scoring the BESSI Skill Facets

Each of the 32 facet scales should be scored by averaging its six BESSI items.

Time Management = 3, 35, 67
Organizational Skill = 6, 38, 70
Capacity for Consistency = 9, 41, 73
Task Management = 12, 44, 76
Detail Management = 15, 47, 79
Rule-Following Skill = 18, 50, 82
Responsibility Management = 21, 53, 85
Goal Regulation = 24, 56, 88
Decision-Making Skill = 27, 59, 91
Leadership Skill = 1, 33, 65
Persuasive Skill = 13, 45, 77
Expressive Skill = 17, 49, 81
Conversational Skill = 25, 57, 89
Energy Regulation = 7, 39, 71
Perspective-Taking Skill = 2, 34, 66
Capacity for Trust = 8, 40, 72
Capacity for Social Warmth = 14, 46, 78
Teamwork Skill = 23, 55, 87
Ethical Competence = 29, 61, 93
Stress Regulation = 5, 37, 69
Capacity for Optimism = 11, 43, 75
Anger Management = 20, 52, 84
Confidence Regulation = 26, 58, 90
Impulse Regulation = 30, 62, 94
Abstract Thinking Skill = 4, 36, 68
Creative Skill = 16, 48, 80
Artistic Skill = 28, 60, 92
Cultural Competence = 32, 64, 96
Information Processing Skill = 22, 54, 86
Self-Reflection Skill = 10, 42, 74
Adaptability = 19, 51, 83
Capacity for Independence = 31, 63, 95

Scoring the BESSI Skill Domains

Each of the five domains should be scored by averaging its component facets. As noted below, interstitial facets should be given half weight on each of their two assigned domains.

Self-Management Skills = Time Management, Organizational Skill, Capacity for Consistency, Task Management, Detail Management, Rule-Following Skill, Responsibility Management, Goal Regulation, Decision-Making Skill, Energy Regulation (half weight), Ethical Competence (half weight), Impulse Regulation (half weight), Information Processing Skill (half weight)

Social Engagement Skills = Leadership Skill, Persuasive Skill, Expressive Skill, Conversational Skill, Energy Regulation (half weight)

Cooperation Skills = Perspective-Taking Skill, Capacity for Trust, Capacity for Social Warmth, Teamwork Skill, Ethical Competence (half weight)

Emotional Resilience Skills = Stress Regulation, Capacity for Optimism, Anger Management, Confidence Regulation, Impulse Regulation (half weight)

Innovation Skills = Abstract Thinking Skill, Creative Skill, Artistic Skill, Cultural Competence, Information Processing Skill (half weight)